Preventive health services

for you and your family

Below are recommended preventive health services for healthy adults and children with average risk. Talk with your doctor to decide which screenings and vaccines are right for you and your family, and when you should have them.

Recommended preventive health screenings and vaccines for infants, children and adolescents

| Newborn screening panel | One time before infant leaves hospital or birthing center | | |
|--------------------------------------|---|--|--|
| Newborn hearing screening | One time before 1 month of age | | |
| Hearing screening | Periodically throughout childhood and adolescence | | |
| Vision screening | One time between 3 and 5 years of age | | |
| | | | |
| Body mass index (BMI) measurement | Periodically 6 years of age and older | | |
| Depression | Routinely 12 18 years of age | | |
| Virus (HIV) screening | | | |
| Hepatitis B (HepB) vaccine | 0 18 months of age | | |
| Hepatitis A (HepA) vaccine | 12 18 months of age | | |
| Rotavirus vaccine | Infants younger than 8 months of age | | |
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| Pneumococcal conjugate vaccine (PCV) | Children younger than 2 years old | | |
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Recommended preventive health screenings and vaccines for adults

| | risk for high | blood pressure |
|-------------------------------------|---------------|--|
| Body mass index (BMI) measurement | Periodically | adults 18 years of age and older |
| | about your h | nealth history and how often you need to have your checkd. |
| Breast cancer screening (mammogram) | | |
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| Human papillomavirus (HPV) screening | See cervical cancer screening section above. |
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| | and all pregnant women |
| Human papillomavirus (HPV) &ccine | |
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